

## INTERNATIONAL WORKSHOP OF THE GRADUATE SCHOOL SPORT, MOVEMENT, HUMAN FACTORS



## Preparing for the 2024 Paris Olympics Game 13<sup>th</sup> - 14<sup>th</sup> January 2022

	THURSDAY 13TH JANUARY 2022	FRIDAY 14TH JANUARY 2022
	What scientific research can do for athletes performance	The secrets of excellent preparation for sports performance
MORNING	9:30 - 10:00 am  Member of the COJO 2024 Opening conference  10:00 - 11:00 am  Professor Susan G. Zieff (San Francisco State University): Paralympic bodies: (dis)abilities, gender and performance	2 round tables focused on the actors of high performance sports moderated by Hervé Mazzon, with Olympic athletes, coaches, and specialists in physical, technical technological and psychological preparation.
	11:00 - 11:30 am - <i>Break</i>	10:00 am - 12:30 pm : Physical, technical and technological preparation
	11:30 am - 12:30 pm  Professor Ana Gracinda Ramos (University of Porto, EUGLOH partner):  Training for high performance	Camille Pecharman, high level sportswoman (foor ball) on educational contract (Paris-Saclay University, Master 2 Vieillissement, Handicap, Mouvemen Adaptation)  Robin Ladauge, physical trainer and member of the performance unit at the French Rugby Federation Romain Labbé and Jean-Philippe Boucher, from the company Phyling, which develops sensors for measuring high-level performance
	12:30 - 1:45 pm - <i>Lunch break</i>	12:30 - 1:45 pm - <i>Lunch break</i>



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	2:00 - 3:00 pm <b>Professor Holger Preuss (University Maïnz):</b> Legacy of Olympic Games	2:00 - 4:30 pm : Psychological preparation and contexts of the Olympic Games
AFTERNOON		Charlotte Hym, french representative at the Tokyo Olympics in skateboarding (master's degree and thesis at the LPP laboratory in Paris)  Aurélien Diesse, high level judoka (Paris-Saclay University, Master Ingénierie et Sciences du Mouvement Humain)  Olivier Beaudry, coach of Steven Dacosta, Olympic karate champion
	3:00 - 3:15 pm - <i>Break</i>	
	3:15 - 4:15 pm <b>Professor Dan Gordon (Anglia Ruskin University):</b> Supporting Team GB athletes: Application of physiological data to the coaching process	